

Who You Gonna Call??

Wondering who to call when you have a question, need to report an absence, update your information? Here is a quick listing of contacts to help you reach the right person at the right time!

*Late Arrivals or Absences:

Call your child's school, the front office and your child's teacher.

*Tuition, Registration,

Information Updates: Call Tempe PRE at 480-662-6340 or email Pre-K@tempe.gov

*Extended Care: Call Tempe PRE (see contact info above)

*Classroom activities or Schedules: Call your child's teacher.

*Health Records or Medications: Call your child's school nurse or health office.



A Peek into the Classroom



Ever wonder what goes on inside of the preschool classroom after you drop your child off for the day? Your child may share that they had lots of fun playing and learning but you may not get all the wonderful details of a productive preschool day. Here's a sneak peek at what your child's preschool day might look like...

- Every classroom has a science area where children can investigate and explore natural materials, animals, and tools to help them understand their world. You can say, tell me about the types of animals you learned about today.
- In the home center, children act out roles and responsibilities of real-life situations. This helps them to learn important social-emotional skills in working with others. The home center could be a doctor's office, a restaurant, or maybe a pet shop. Ask your child what work they did in the home center today?
- Some of our preschool classrooms spend part of their days calming down bodies with quiet music or yoga, which gives children the ability to learn to regulate their own behaviors. You might talk about ways your child learned to quiet their bodies during the day and how they can do that while at home.
- Children in the Tempe PRE classrooms are given opportunities to select where they want to "work," which teaches them independent decision making about choices, whether listening to stories, building with blocks, or creating art with friends.

A great way to engage in a conversation with your young learner is to say, "Tell me about the best part of your day!" Or "What was something you worked hard on today?"



Nutrition and Mealtime

Mealtime is an opportunity to enjoy, talk, share positive experiences, and promote the healthy development of children. In our Tempe PRE classrooms, we offer a balanced and healthy diet for all our little ones, which includes fruits, vegetables, proteins, cereals, dairy, etc. according to their nutritional needs. We understand that fast food and sweets are children's favorites, but in the classroom we do not offer them, and we prefer that if you are sending food from home, you avoid sending them as well. Heavy or fatty foods like pizza or high sugary foods like cookies or candy in lunches can cause behavior challenges during the day which makes it hard for everyone!

Here are some tips to make meals a pleasant time with your little ones at home:

- Establish a routine for meals and serve them an adequate amount that you know they can finish. Offer new foods one at a time and show how much you enjoy the new food.
- Prepare your child in advance. Let them know that the food will soon be ready, so they can finish what they are doing.
- Ask your child to help you make dinner or set the table. Take the opportunity to review the numbers, colors, shapes, etc. This is a learning opportunity and your child will love to be part of the preparation process.
- Decide and explain to your child 2 or 3 simple rules around mealtime, for example, remain seated until finished, finish the mouthful of food before speaking.

Always remember to praise for any good behavior: "I'm so proud you tried a new food today!", "You are a great helper setting up the table!"



Tempe Elementary School District Important Dates

Wednesday, 11/11/20	<i>Veteran's Day - SCHOOLS CLOSED</i>
Wednesday, 11/25/20	<i>Thanksgiving Break – SCHOOLS CLOSED</i>
Thursday, 11/26/20	<i>Thanksgiving Break – SCHOOLS CLOSED</i>
Friday, 11/27/20	<i>Thanksgiving Break – SCHOOLS CLOSED</i>



Has your family been impacted financially by the COVID-19 pandemic?

- Get help paying rent, electric and gas bills. www.tempeaction.org/programs.
- Talk with our no-cost financial navigator. www.tempe.gov/CARE7
- Make a payment plan for your Tempe water bill. 480-350-8361.

Learn more: www.tempe.gov/GetHelp

During COVID closures, please use the mobile number to contact Tempe PRE staff as our office phones are not being answered at this time. 480-662-6340